



Présente / Presents  
**Jacqui Gingras**

# Jacqui Gingras, PhD Candidate

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## Education

- Jan 2002 - present  
PhD Candidate, Centre for the Study of Curriculum & Instruction  
Centre for Cross-Faculty Inquiry in Education, Faculty of Education, UBC  
**Dietitians' Experience of Their Education: Exploring Processes of Dietitian Identity Development & Professional Socialization**  
Supervisors: K. Meyer, PhD (Education) & G. Chapman, PhD (Food, Nutrition & Health)
- Sept 1996 - Jun 1998  
University of Alberta, Edmonton, AB  
Master of Science (Nutrition & Metabolism)  
**Thesis: Energy metabolism and body image of chronic dieters**
- Sept 1995 - Aug 1996  
Royal Columbian Hospital, New Westminster, BC  
**Dietetic Internship**
- Sept 1992 - Apr 1995  
University of British Columbia, Vancouver, BC  
**Bachelor of Science, Dietetics**
- Sept 1987 - Apr 1988  
Okanagan College, Kelowna, BC  
**University Transfer, Biology**

## Work & Teaching Experience

- Aug 1997 - present  
Registered Dietitian, Private Practice  
**Deliciosa! Nutrition Counselling**
  - Specializing in the emotional aspects of nourishment and nutrition therapy ([website](#))
- Sept 1999 - present  
Sessional Instructor  
**University of British Columbia**
  - FNH 342 - Consumer Aspects of Food (syllabus available [online](#))
  - HmEc 300 - Elements of Professional Practice
- 2001 - 2002  
Workshop Facilitator  
**University of British Columbia**
  - Problem-Based Learning, Tutor Training Workshop

- Sept 2001 - Instructor  
Dec 2001 **Langara College**
- FS 423 - Interpersonal Skill Development
  - FS 322 - Clinical Nutrition
- Jan 1999 - Registered Dietitian, Healthy Attitudes Program  
April 2000 **Vancouver/Richmond Health Board**
- Provided nutrition support to teens struggling with food, weight & body image issues
- Dec 1998 - Health Educator, Health, Counselling, and Career Centre  
April 2000 **Simon Fraser University**
- Organized and delivered health promotion programs for university students
  - Supervised peer health educators and facilitated health education programs

## **Publications**

### **Chapters and Journal Articles**

- Gingras, J. R. (submitted for review). "Not to be Taken Seriously:" Poststructuralists Denounce Curriculum Based on Behavioural Objectivism as Unethical – Implications for Dietetic Education. *Learning in Health and Social Care*.
- Gingras, J. R. (submitted for review). Silences, absences, fissures: critical theories on dietetic identity and professional socialization. *Sociology of Health & Illness*.
- Gingras, J. R. (in press). Sacra conversazione – A tender dialectic: Invoking an arts practice-based autoethnography to bridge language and silence. *Educational Insights*.
- Gingras, J. R. (in press). The defeat of imagination: repressive codes governing our media. *Feminist Media Studies*.
- Gingras, J. R. (in press). Like cold water or a kiss: Reflections on transformative teachings. In G. Smith, M. L. deZwart, & L. Peterat (Eds.), *Home economics now: Ecology, the sacred, and everyday life, a tribute to Eleanore Vaines*. Vancouver, BC: Pacific Educational Press.
- Gingras, J. R. (in press). Evoking trust in the nutrition counsellor: Why should we be trusted? *Journal of Agricultural and Environmental Ethics*.
- Gingras, J. R., Fitzpatrick, J., McCargar, L. J. (2004). Body image of chronic dieters: Lowered appearance evaluation and body satisfaction. *Journal of the American Dietetic Association*, 104(10), 1589-1592.
- The 2am Collective (December 2002). She tries her tongue: a blueprint for women's collaborative writing. *Educational Insights*, 7(2). Available: <http://www.csci.educ.ubc.ca/publication/insights/v07n02/contextualexplorations/dunlop/poems.html>
- Gingras, J. R., & Ball, G. D. C. (2000). *Obesity*. In *The Manual of Clinical Dietetics*, 6<sup>th</sup> Edition. Chicago, IL: American Dietetic Association & Dietitians of Canada.

- Gingras, J. R., Harber, V., Field, C., McCargar, L. (2000). Metabolic assessment of female chronic dieters with either a normal or a low resting energy expenditure *American Journal of Clinical Nutrition*, 71, 1413-1420.
- Ball, G. D. C., Gingras, J. R., Fimrite, A., Villettard, K., Kayman, S., McCargar, L. J. (1999). Weight relapsers, maintainers and controls: Metabolic and behavioural differences. *Canadian Journal of Applied Physiology*, 24, 548-558.
- Gingras, J. R. (1998). Body image dissatisfaction: A framework for development and recommendations for dietitians. *Canadian Journal of Dietetic Practice and Research*, 59, 132-137.
- Gingras, J. R. (1997). Home economics – Strength in new directions. *Journal of Home Economics Education*, 35(1), 4-5.

### **Conference Presentations & Proceedings**

- Feb 2005                      Gingras, J. R., Tiro, L. *Mandarin peelings & Lola's Tinola: Exploring identity & belonging through cultural food narratives*. Provoking Curriculum: Trans/forming Narrative(s) Conference, Victoria, BC.
- Feb 2005                      Gingras, J. R., England, J., Higgins, C., Smith, A., Radford, B., Purru, K. *Storying and perfor(u)ming collaborative curriculum: Grad students bailing hard*. Provoking Curriculum: Trans/forming Narrative(s) Conference, Victoria, BC.
- Feb 2005                      Gingras, J. R., England, J., Higgins, C., Smith, A., Radford, B., Purru, K. "It's all about you:" *Who's in charge here?* Provoking Curriculum: Trans/forming Narrative(s) Conference, Victoria, BC.
- Feb 2005                      Gingras, J. R. "The Scientist:" *The music of Coldplay talks back to identity politics in the health professions*. 6<sup>th</sup> Annual International Interdisciplinary Advances in Qualitative Methods Conference, Edmonton, AB.
- Feb 2005                      Gingras, J. R. *Relational inquiry: Can data collection be relational?* 6<sup>th</sup> Annual International Interdisciplinary Advances in Qualitative Methods Conference, Edmonton, AB.
- Jan 2004                      Gingras, J. R., England, J., Higgins, C., Smith, A., Radford, B., Purru, K. *Polyvocal disruptions and reconstructions: An academic counter-panel on transformation in higher education*. 5<sup>th</sup> Annual International Interdisciplinary Advances in Qualitative Methods Conference, Edmonton, AB
- Sept 2003                      Gingras, J. R. *Like cold water or a kiss: Reflections on transformative teachings*. Vaines Symposium, Vancouver.
- Jul 2003                      2 am Collective. *She tries her tongue: Women, writing, and imagination*. Imagination and Education Conference, SFU.

- Jun 2003                   Gingras, J. R., Darts, D., Higgins, C., Smith, A., Radford, B., Purru, K. *Collaborative re/constructions for transformation in higher education*. Society for Teaching and Learning Conference, UBC.
- Mar 2003                   Gingras, J. R. Towards a critical nutrition pedagogy in undergraduate dietetic education. In M. L. de Zwart (Ed.) *Proceedings of Canadian Symposium VII: Issues and Directions in Home Economics/Family Studies Education* Vancouver.
- Feb 2003                   Gingras, J. R. *Towards a critical nutrition pedagogy*. Expanding Paradigms: What is Education Anyway? Conference, York University, Toronto.
- May 2002                   Gingras, J. R. *Trans-generational communication*. UBC Teaching and Learning Conference, Vancouver.

## **Scholarships, Awards & Recognitions**

- Sept 2004                   Social Sciences & Humanities Research Council Doctoral Fellowship (\$20000)
- Sept 2004                   Killam Memorial Pre-Doctoral Fellowship (\$5000 – reduced from \$25000 due to receipt of external award from SSHRC)
- Sept 2004                   Killam Travel Award (\$1500)
- Nov 2003                   Mentor of the Year, Community Partnerships Award, Faculty of Agricultural Sciences, UBC
- Sept 2003                   University Graduate Fellowship, UBC (\$16000)
- Sept 2003-05               PhD Tuition Fee Award, UBC (\$6400)
- Sept 2003-05               PhD Travel Award, UBC (\$800)
- Sept 2002                   Danone Scholarship for Nutrition Education & Communication (\$18000)
- Sept 1997                   Elizabeth Russell MacEachran Scholarship, University of Alberta (\$8000)

## **Consultative Projects**

- Nov 2002                   Kids Play: A Community Action Plan to Improve the Health of Our Children (digital resource kit for health professionals)  
**Vancouver Coastal Health Authority**
- Oct 2001                   Toxic Playground: Understanding the Environmental Influences That Increase the Risk of Childhood Weight Disturbance & Recommendations for Prevention (47-page discussion paper)  
**Fraser Health Authority**

## **Invited Lectures**

Nov 2004	<u>The Ethics of Size Acceptance</u> UBC, Food, Nutrition & Health
Feb 2004	<u>Size Acceptance: Public Health Salvation or Reckless Oxymoron</u> UBC Department of Human Kinetics
May 2003	<u>Nutrition Therapy: Healing Food &amp; Weight Issues in a Relational-Cultural Context</u> Jewish Family Services Agency, Vancouver
Apr 2003	<u>Childhood Weight Disturbance: What's a Parent to Do?</u> Pinetree Community Centre, Coquitlam
2002 - 2003	<u>Chocolate-Covered Discontent: Understanding Why We Eat What We Eat</u> UBC Continuing Studies - Alberta Mental Health, Red Deer & Edmonton - Vancouver Community College - Roundhouse Community Centre - Douglas College Women's Centre
2000 - 2003	<u>From Self-Awareness to Size Acceptance</u> Alberta Mental Health, Edmonton - Exploring Weight Conference, Saskatoon – Department of Food, Nutrition & Health, UBC - Dietitians of Canada, Vancouver, Nanaimo & Victoria, BC
Mar 2001	<u>Disordered Eating: Learning to Unlearn Nutrition</u> Mental Health Evaluation & Community Consultation Unit
Apr 2001	<u>Scales Are For Fish! Navigating the Waters of Food, Weight &amp; Body Image</u> BC Nutrition Council Annual General Meeting Keynote Speaker
Jan 2001	<u>Consuming Identities: Young Women, Eating Disorders and the Media</u> BC Centre of Excellence for Women's Health Speaker Series

## **Professional Affiliations**

1997 - present	Dietitians of Canada
1998 - present	British Columbia College of Dietitians
2001 - present	Dietitians of Canada, Skills & Practice Media Registry
2000 - 2003	Eating Disorder Education Network
2000 - 2002	Chair, Awareness & Networking Around Disordered Eating
2001 - 2002	Canadian Coalition to End Disordered Eating
1999 - 2002	Community Action & Support Coalition Around Disordered Eating

## **Academic Service**

2003 - 2004                      Chair, Faculty of Education Interdisciplinary Committee, UBC  
2002 - 2004                      Tri-Mentoring Program, Faculty of Agricultural Science Mentor, UBC  
2002 - 2004                      Teaching Think Tank, Centre for Teaching and Academic Growth, UBC

## **Technological Skills**

Web Design: Macromedia Dreamweaver  
Digital Video Editing: Apple iMovie  
Digital Photo Editing: Adobe Photoshop

## **Graduate Course Work    Average GPA = 92%**

EDCI 601: Public Culture/s: Media, Community, and the Educated Subject - Mary Bryson  
EDCI 565: Women, Writing & Imagination: Curriculum as Aesthetic Text - Rishma Dunlop  
ADED 501: Understanding & Creating Community - Shauna Butterwick  
EDCI 601: Quest/ioning the Maps: Rethinking Mind, Body, Place & Technologies in Education –  
    Pamela Courtenay-Hall & Lynn Fels  
HMED 545 (online): Autobiography, Educational Contexts & Transformative Practice – Linda  
    Peterat  
EDCI 565: A Hermeneutics of Pedagogy - Munir Vellani & Karen Meyer  
EDST 506: Schooling Bodies: Historical Perspectives in Education & Health: Mona Gleason  
EDCI 565: Living Interpretations: A Hermeneutical Inquiry - Munir Vellani & Karen Meyer  
EDCI 508: Narrative Research & Pedagogy - Carl Leggo  
EDCI 508: Autobiography in/as Re-Search & Pedagogy - Renee Norman  
EDCI 572: Poetry and the Art of Witness - Rishma Dunlop  
EDST 593 (audit): Moral Philosophy & Education, The Perils & Possibilities of Transformative  
    Learning – Daniel Vokey