



Présente / Presents  
**Laurie Ricciuto**

# LAURIE RICCIUTO, MHS<sub>c.</sub>, RD

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## RESEARCH INTERESTS

Nutrition policy	Food consumption patterns
Nutrition communications	Food regulations

## EDUCATION

<b>Ph.D.</b>	Department of Nutritional Sciences, Faculty of Medicine University of Toronto, Toronto <b>Thesis:</b> Characterization of Canadian food expenditure patterns and nutrient availability in relation to income, and implications for food policy	Present
<b>MHSc.</b>	Graduate Department of Community Health University of Toronto, Toronto <b>Concentration:</b> Community Nutrition <b>Preparatory Year:</b> Nutrition and Microbiology courses	1999 1996-1997
<b>Dip. Ed</b>	Faculty of Education McGill University, Montreal <b>Concentration:</b> Secondary Level Biology and Math	1991
<b>B.Sc. (Hons)</b>	Faculty of Arts and Science, St. Michael's College University of Toronto, Toronto <b>Specialization:</b> Biology and Physics	1990

## ACADEMIC AWARDS

Danone Doctoral Student Award, Danone Institute of Canada \$18 000	2004
Ontario Graduate Scholarship(declined) Ministry of Training, Colleges and Universities \$15 000	2004
Alumni Travel Award, Department of Nutritional Sciences, University of Toronto \$1000	2004
Ontario Graduate Scholarship Ministry of Training, Colleges and Universities \$15 000	2003

**ACADEMIC AWARDS (continued)**

Entrance Scholarship, University of Toronto \$17 000 (Accepted one-third of award for May-Sept. 2002)	2002
Open Fellowship, University of Toronto \$14 400	1997
J.W. Billes Admission Scholarship, University of Toronto \$4500	1986

**PUBLICATIONS, REPORTS AND PRESENTATIONS**

**Ricciuto L.**, Ip H., and Tarasuk V. The relationship between price, amounts of saturated and trans fats, and nutrient content claims on margarines and oils.  
In press, *Canadian Journal of Dietetic Practice and Research*

**Ricciuto L.** Health Canada Makes Nutrition Labelling Mandatory. *Diabetes Quarterly*. Spring 2003

**Ricciuto L.**, Haresign H., Steele V. Assessment of the *Mission Nutrition*<sup>®</sup> nutrition education program. *Canadian Journal of Dietetic Practice and Research* vol.64, no.4, Winter 2003.

**Ricciuto L.** and Tarasuk V. Nutritionally desirable foods as luxury goods: An examination of the relationship between household income, food expenditure, and nutrient availability among Canadian households. Poster presentation. *International Society of Behavioural Nutrition and Physical Activity* annual conference. Washington, DC. June 10-13, 2004

**Ricciuto L.** and Tarasuk V. The effect of household income on the purchase of 'healthy foods'. Poster presentation. *Social Determinants of Health* conference. York University, Toronto. Nov.29-Dec.1, 2002

Davis B and **Ricciuto L.** *Canadian Guidelines for Weight Classification*. Report for Health Canada, Office of Nutrition Policy and Promotion. August 2002

Davis B and **Ricciuto L.** *Background information on selected issues raised at the October 2001 meeting of the expert working group on healthy weight guidelines*. Report for Health Canada, Office of Nutrition Policy and Promotion. April 2002

**Ricciuto L.** *The role of dietitians in food industry*. Master of Health Science community nutrition course presentation. University of Toronto, Toronto. April 2001

**PROFESSIONAL CERTIFICATION AND MEMBERSHIPS**

- Registered Dietitian, College of Dietitians of Ontario (1999-present)
- Member, Dietitians of Canada (1997-2003)

**PROFESSIONAL EXPERIENCE**

- Nutrition Consultant** 2002  
HEALTH CANADA, OFFICE OF NUTRITION POLICY AND PROMOTION  
CANCER CARE ONTARIO, PREVENTION UNIT
- Review and analyze scientific literature
  - Write technical summaries of nutrition issues
- Registered Dietitian** 2000-2001  
KELLOGG CANADA INC., NUTRITION, CORPORATE AND CONSUMER AFFAIRS
- Managed development of nutrition resources and education programs for health professionals, consumers and educators
  - Participated in multidisciplinary team to implement Health Canada's proposed new nutrition labelling policy across all products
  - Consulted to marketing, sales and consumer affairs on nutrition issues relevant to the business
- Coordinator, Nutrition Communications** 1999-2000  
CANADIAN SUGAR INSTITUTE
- Coordinated development and distribution of nutrition resources and education materials to health professionals, consumers and educators
  - Monitored scientific literature on sugar, carbohydrates and health
  - Identified food and nutrition trends relevant to industry
- Secondary School Science / Mathematics Teacher** 1991-1996  
HENRY STREET HIGH SCHOOL AND DUNBARTON HIGH SCHOOL
- Taught and developed curricula for secondary school mathematics and science courses

**PROFESSIONAL APPOINTMENTS**

- Chair, Food and Nutrition Policy Sub-Committee, Canadian Diabetes Association (present)
- Advisory Committee, Dietitians of Canada/Canadian Diabetes Association 'Healthy Eating is in Store for You' nutrition labelling education program (present)
- Food Labelling Subcommittee, Food and Consumer Products Manufacturers of Canada (2001)
- Dietitians' Subcommittee, Food and Consumer Products Manufacturers of Canada (2000- 2001)